

Collaborative Journeys:

Wednesday Workshops

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Lancashire County Council

Comms 10509



Reflecting and Growing Together In Early Years

Lancashire Educational Psychology Service is hosting a range of free online half-termly events via Microsoft Teams for anyone working in the early years and Parent Carers to support them on a range of topics that early years settings have previously identified as being areas of interest. Once delegates sign up to a session, they will receive a handout to read in advance of the workshop, which they will also be able to disseminate to colleagues and Parent Carers. The workshop will then provide further information, provide opportunities for Q&As and the chance to share good practice.

Wednesday 15th October 2025 9.30 am- 10.30 am- Little Hearts, Big Emotions

We will explore theory and practical strategies to help children manage their emotions effectively. Share techniques such as co-regulation and emotion coaching, and learn how to foster emotional awareness so you feel confident to support the emotional wellbeing of the children in your care. You will receive a handout in advance of this session to look at in advance. Session open to everyone (including Parent Carers, setting staff and other practitioners working in the early years).

SCAN ME to book your place

Wednesday 26th November 2025 9.30 am- 10.30 am- Adult Wellbeing

This session will focus on how to prioritise adult wellbeing, explore tools and techniques to support wellbeing and self-care and ways in which to support emotional resilience when caring for little ones.

SCAN ME to book your place



Wednesday 14th January 2026 9.30 am- 10.30 am- Voices before words: nurturing early communication skills in the early years

A workshop focuses on the **fundamentals of communication and pre-verbal skills.** We will explore key concepts such as non-verbal cues, gestures, a total communication approach and the role of play in communication development.

SCAN ME to book your place

Wednesday 4th March 2026 9.30 am- 10.30 am- Effective early years intervention in supporting autism

We will think about the range of evidence based interventions when supporting children with autism and strategies to foster positive learning experiences

SCAN ME to book your place

Wednesday 29th April 2026 9.30 am- 10.30 am- Play matters: enhancing learning through mediation and modelling

This session is designed for those who want to deepen their understanding of the critical role that play has in children's learning and development. Delegates will explore effective strategies for mediating and modelling play to enhance children's engagement and learning outcomes.

SCAN ME to book your place

Wednesday 24th June 2026 9.30 am- 10.30 am- The power of connection: relational and trauma informed practices in the early years.

This workshop is designed for those who want to deepen their understanding of how relationships and trauma impact child development and learning. Delegates will explore the principles of relational practice and trauma-informed care, learning how to create safe, nurturing environments that foster trust and emotional security and help children to thrive in your care.

SCAN ME to book your place